The Arc of South Carolina News

This month, we have welcomed three new employees to our team at The Arc of South Carolina! Megan Galloway is the new Project Director, while Rachel Harry and Brandon Martin have joined our team as Case Managers. We are looking forward to their journeys here in their respective positions at The Arc!

There are also some exciting projects that we are working on. Continue reading to find out more!

Save the Date!

Wings for Autism

November 12, 2016

This event, which will allow children with disabilities to experience the airport experience in a controlled setting before taking an actual trip via airplane, will be held at the Myrtle Beach International Airport. Visit our new website to sign up! Contact Megan Galloway for more information – megan@arcsc.org
Available for a short time only

Elephant in the Room

An educational program for parents of teens with intellectual and developmental disabilities who want to:

- Become more confident and prepared in having effective, age-appropriate conversations about healthy relationships, appropriate behavior, and sex
- Tailor this information to their child’s learning style and needs
- Learn how to spot signs of sexual abuse and what to do about it
- Network with other parents

Upcoming trainings:
September 22 in Greenwood, SC

Time is running out! Contact Amanda Pollak by September 16 for more information or to schedule a training session - amandap@arcsc.org or 803-748-5020 ext 6#

Coming up…

Everyday Living

This 8-week program will include a 2-hour session once per week where teens and young adults ages 13-21 will be taught different life skills that are necessary for independent living. These skills include cooking, cleaning, grocery shopping, finance, safety, nutrition, and various other home skills. These young adults will gain self-confidence by mastering these basic living skills, therefore leading them to more meaningful and independent lives.

Sessions will begin on September 27th. They will take place on Tuesdays and Fridays at 6PM – 8PM. Follow this link to register as a participant (https://goo.gl/forms/rdYFZvRQP97zAhVH2), or follow this link (https://goo.gl/forms/d2zVSLlh8EM3ZRE3) to register as a volunteer.

For more information, please contact Megan Galloway via email at megan@arcsc.org or by phone at 803-748-5020 ext 3#.
New Employees!

Rachel Harry
Case Manager
Rachel was raised in San Diego, CA. She joined our team at The Arc in August 2016 after receiving her Bachelor’s Degree in Public Health from the University of South Carolina. She is dedicated to working with individuals with lifelong disabilities to help them reach their maximum potential, and has done this by providing direct patient support at various centers for those with disabilities. She is excited to work for an organization where she can help achieve increased respect and autonomy for individuals with disabilities.

Megan Galloway
Project Director
After Hurricane Katrina hit Megan’s hometown of New Orleans, LA, she and her family moved to Greenville, SC, where she attended middle and high school. She joined our team in August 2016 after completing her Bachelor’s Degree in Public Health from the University of South Carolina in just 3 years. With her position as the Project Director, she is able to utilize her creativity and organizational skills to create exceptional programs to benefit our clients here at The Arc.

Brandon Martin
Case Manager
Brandon joined The Arc of South Carolina in August of 2016 after receiving a Bachelor’s Degree in Public Health from the University of South Carolina. Originally from Marietta, SC, Brandon has always sought to help meet needs in the community through the nonprofit field. He is excited to serve individuals with intellectual and developmental disabilities and help them reach their goals.
The Arc National News

In 2014, our network hosted 11 events for 1,435 people with disabilities and their families. In 2015, that number increased to 2,889 participants attending 20 events. This year, we are on track to hold at least 24 events! We are excited that we have grown so much and continue to grow each year.

Other Achievements

The Hartsfield-Jackson International Airport (ATL) in Atlanta and Delta Airlines recently made big news when they opened their brand new Multi-Sensory Room! This is an extraordinary accomplishment that will benefit countless individuals with ASD and their families who plan to travel. Because of this advancement, other airports plan to open similar facilities. The plans for the Phoenix Sky Harbor International Airport and the Myrtle Beach International Airport are in the works. Kudos to all involved!

Safety Resources

Most people know the importance of fire prevention and fire safety, but less is known about how to appropriately teach your children this lesson, and even less is known about how to appropriately teach your child(ren) with disabilities this lesson. The general guidelines that tell parents to go over their fire safety plan twice per year, but this cannot be generalized to all subsets of children. It is of utmost importance to tailor your fire safety plan and the practice schedule to your child’s needs.

If you need any assistance with this, the National Fire Protection Association (NFPA) has a fire safety story that breaks down the importance points in easy-to-follow steps. However, we are working on recreating this to include the opportunity to take pictures of the steps throughout your house and insert them into the booklet. For now, you can visit http://www.nfpa.org/public-education/by-topic/safety-in-the-home/escape-planning/i-know-my-fire-safety-plan-story to view the NFPA’s book.
A message from the Executive Director

HCBS Final Rule

As of January 2014, there is a final rule that has been put in place regarding the settings of Home and Community-Based Services (HCBS). They require opportunities to be provided by the HBCS settings for participants to be engaged in community life, have access to the community, control their personal resources, and seek employment in competitive settings. The overall goal of the HCBS final rule is to enhance the quality of HCBS, provide additional protections to HCBS program participants, and ensure that individuals receiving services through HCBS programs have full access to the benefits that are included in community living.

States and providers have five years to come into compliance with the new HCBS final rules. Community supports have transition plans that will ease them into compliance over time. It is important to educate yourself about the HCBS final rule and to equip yourself with the necessary tools to be able to adjust to the changes. There are several meetings in which you can attend to learn more.

The dates and locations are listed below:

September 15, 2016 – Greenville - Kroc Center (424 Westfield Street, Greenville, SC 29601)

September 20, 2016 – Myrtle Beach - Horry Georgetown Technical College Conference Center Grand Strand Campus (743 Hemlock Avenue, Myrtle Beach, SC 29577)

September 27, 2016 – Aiken – Aiken County Public Library Reference Department (314 Chesterfield Street SW, Aiken, SC 29801)

September 29, 2016 – Hilton Head Island – Hilton Head Library (11 Beach City Road, Hilton Head Island, SC 29926)

October 4, 2016 – Columbia – Blue Cross Blue Shield (8901 Farrow Road, Columbia, SC 29203)
Visit our new and improved website!

www.arcsc.org

You can find more details about The Arc of South Carolina and our staff, upcoming events, the services we offer, recent news, ways to help or volunteer, information about intellectual and developmental disabilities, and a photo gallery from our events!